



Perception towards Clinical Experience among Nursing Students

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ABSTRACT

Clinical placements provide students with the opportunity to experience nursing in the real world and enables students to put theory into practice. Besides that, clinical placement fosters students in the application of knowledge skills and attitudes to clinical field situations. Hence, it is vital that valuable clinical time should be utilized effectively and productively. As basic b.sc nursing being a wide branch student face problems like stress, depression as they may not understand procedure as well as assignment properly & student will be having difficulty in time management. Research Question: What is the perception of second year Basic B. Sc. nursing students towards clinical experience? Objectives: To assess the perception towards clinical experience among 2nd year Basic B. Sc. Nursing Students. Research methodology: A quantitative non experimental descriptive exploratory method was adopted for the present study. Study was conducted on second year Basic B. Sc. nursing students of Sinhgad College of Nursing. The study samples were 36 second year Basic B. Sc. nursing students of Sinhgad College of Nursing. Non probability convenient sampling technique was used. In this study perception score divided in to 3 categories that is good 49-64, average 33-48, poor 16-32 and findings showed that 56% have good perception towards clinical experience & 44 % have average perception.

KEYWORDS

Perception, Clinical Experience, Nursing Students

INTRODUCTION

"When you are a nurse you know that every day you will touch a life or a life will touch yours"

A core component of nursing education is the clinical experience. Students participate in supervised learning sessions in real world health care environments, which provide them with the opportunity to put what they've learned in the classroom into practice.

Clinical learning takes place in a variety of settings across the health care continuum and is supervised by preceptors, who are experienced practitioners and educators who foster students' critical thinking and clinical skills safely¹.

Clinical rotations are a critical component of your nursing education. Your nursing clinical experience presents the opportunity to work with real patients, experience work environments you may want to pursue once you have earned your Bachelor of Science in Nursing, and learn how you will work with fellow nurses, physicians, and other members of the health care team².

It may sound intimidating, and maybe even frightening, but your clinical experience offers you a learning opportunity to build the foundation of your nursing education. Today's guest blogger shares her clinical experience as a nursing student and how it prepared her for her life as a registered



nurse and how it helped her serve as a preceptor to future generations of registered nurses. The clinical experience is often times the cornerstone of the nursing student's career².

BACKGROUND OF STUDY

A study was conducted on nursing student's experiences of clinical practice. Focus groups were used to obtain students' opinion and experiences about their clinical practice. Ninety baccalaureate nursing students at Shiraz University of Medical Sciences (Faculty of Nursing and Midwifery), Iran were selected randomly from two hundred students and were arranged in 9 groups of ten students. To analyze the data the method used to code and categories focus group data were adapted from approaches to qualitative data analysis. Results showed that four themes emerged from the focus group data. From the student's point of view, "initial clinical anxiety", "theory-practice gap", "clinical supervision", professional role", were considered as important factors in clinical experience³.

A study was conducted among nursing students perception toward clinical experience. Senior nursing students were interviewed in this study to better understand the clinical learning experience from the students' point of view. Results of

the study revealed that the nursing students were indeed learning in their clinical experience⁴.

NEED FOR STUDY

A study was conducted on a systematic review of peer teaching and learning in clinical education to make clear the positive and negative aspect of teaching and learning activity. Result showed that peer teaching and learning increases students confidence in clinical area⁵.

As basic B. Sc. nursing being a wide branch student face problems like stress, depression as they may not understand procedure as well as assignment properly & student will be having difficulty in time management.

By the above information and literature evidence the researcher felt it useful to assess the perception of nursing students towards clinical experience

PROBLEM STATEMENT

'Assessment of perception towards clinical experience among 2nd year Basic B.Sc Nursing students in selected Nursing Colleges'

OBJECTIVES

To assess the perception towards clinical experience among 2nd year Basic B.Sc Nursing students.



METHODOLOGY

In Research Methodology, researcher always tries to search the given question systematically in our own way and find out all the answers till conclusion. If research does not work systematically on problem, there would be less possibility to find out the final result. Quantitative approach was adopted to conduct the study. Non experimental exploratory descriptive

design was chosen and non probability purposive sampling technique was used to select the participants (n=36). Study was conducted on second year Basic B. Sc nursing students of Sinhgad College of Nursing. The tool is organized as part 1 demographic variable and part 2 modified Likert Scale of perception. Validity was done by 7 experts from nursing department

RESULTS

Table 1 Frequency and percentage distribution of demographic variables among nursing students.

PERCENTAGE	FREQUENCY	DEMOGRAPHIC VARIABLES		SR. NO
41.67%	15	18-19	Age	1
52.78%	19	20-21		
5.55%	2	21 & above		
36.11%	13	male	Gender	2
63.89%	23	female		
97.22%	35	Hindu	Religion	3
0	0	Muslim		
0	0	Christian		
2.76%	2	Any other		

Table 2 perception of second year nursing students toward clinical experience

PERCENTAGE	FREQ		
56.00%	20	49-64	GOOD
44.00%	16	33-48	AVERAGE
0.00%	0	16-32	POOR

Table 1 shows that majority 52.78% were in age group of 20-21 years, 63.89% were female and 97.22% were hindu religion

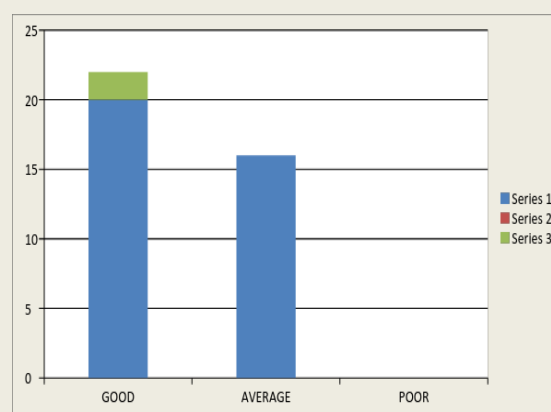


Fig 1



Table 2 shows that perception of second year nursing students towards clinical experience was good(56%).

CONCLUSION

This study concluded that perception of nursing students towards clinical experience was good. The study should be conducted in detail including more samples to identify the perception of students deeply, to know their interest towards clinical area in order to pave path for the proper nurturing of students in clinical areas.



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